









The phrase "Two-Eyed Seeing" was coined in Fall 2004 by Mi'kmaw Elder Albert Marshall of Eskasoni who indicates that it represents a traditional understanding about the gift of multiple perspectives and that, moreover, this gift is treasured by many Aboriginal peoples. For our current times, Elder Albert explains that Two-Eyed Seeing refers to learning to see from one eye with the strengths of, or the best in, the Indigenous knowledges and ways of knowing, and from the other eye with the strengths of, or the best in, the Western (or mainstream) knowledges and ways of knowing, and to using both these eyes together, for the benefit of all. Thus, Two-Eyed Seeing is a guiding principle that speaks directly to the setting of collaborative, crosscultural and trans-cultural work; it intentionally seeks to avoid the situation of such work becoming a clash between knowledges, or domination by one worldview, or assimilation by one worldview of the knowledge of another.

## Elder Albert Marshall

It is not enough to go through life with one perspective; we must embrace all the tools we have ...













## Elder Albert Marshall

## wholistic health

When you force people to abandon their ways of knowing, their ways of seeing the world, you literally destroy their spirit and once that spirit is destroyed it is very, very difficult to embrace anything . academically or through sports or through arts or through anything . But to create a complete nicture of a

But to create a complete picture of a person, their spirit, their physical being, their emotions, and their intellectual being  $\tilde{o}$  all have to be intact and work in a very harmonious way.



from: Bartlett, C., Marshall, M., Marshall, A., and Nama, M. Integrative Science and Two-Eyed Seeing: Enriching the Discussion Framework for Healthy Communities *Chapter 3 in forthcoming box: "Beyond Intrachility: covergence and opportunity at the interface of environmental, health and* social issues"; edited by: Las K. Hallstrom, Nicholas Guehlstorf, and Margot Parkes. UBC Press. http://www.integrativescience.clupioad/articles/2012.8-artict+Mashall-Nama-Integrative-Science-Two-Eyed Seeingenriching-discussion-framework/authors/add1.pdf

Artist Gerald Gloade; Millbrook First Na























Holistic Worldview Dimensions of Individual and Collective Wellbeing	Determinants of Health (Public Health Agency of Canada, 2007)	Relational Worldview Principle (Cross, 2007)
Physical 🔆	Income and social status Employment and working conditions Physical environments Biology and genetic endowment Health services Gender Health child development Culture*	Food Water Housing Safety Security
Emotional	Social support networks Personal health practices and coping skills* Culture*	Belonging Relationship Esteem*
Spiritual	NOT INCLUDED	Spirituality Life purpose
Cognitive	Education and literacy Personal health practices and coping skills* Culture*	Self actualization Community actualization Role Identity Service Esteem*





The pounding of Haida drums, and the rising chorus of chants, reverberated in the confines of the Tluu Xaada Naay Longhouse in the village of Old Massett. It was a traditional song, one of hope, and happiness.

The Longhouse, on Tuesday morning, was a hockey arena in minature, the Vancouver

Canucks at centre stage, Haida dancers and singers cheering . urging . on a team that two years ago almost grasped the Stanley Cup and since have churned through a soap oper ao nice. It has been a story of wenching plot twists, punctuated by playoff failures, the arrival of a fierce new head coach, and, above all, the return of a familiar goaltender. So before the NHL preseason begins Wednesday across North America, the Canucks retreated to the north country.

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It was a journey to leave the past behind. The Canucks came to a distant corner of Canada, *a wild place where the sense of spirit feels as though it permeates all things, the land, the air and the circling ravens and bald eagles above, the immense sea.* The spirit echoes in the beating of drums and chants.



After ensconcing themselves in a posh fishing lodge on a small nearby island, looking to forge new bonds, the players, sexcurves and new coaches, led by the finiterian John Torborells landed Tuesday in a rightrous welcome in DM Massett in the term of the second seco

























(words of late Midkmaq Chief, Spiritual Elder, and Healer Charlie Labrador)









































